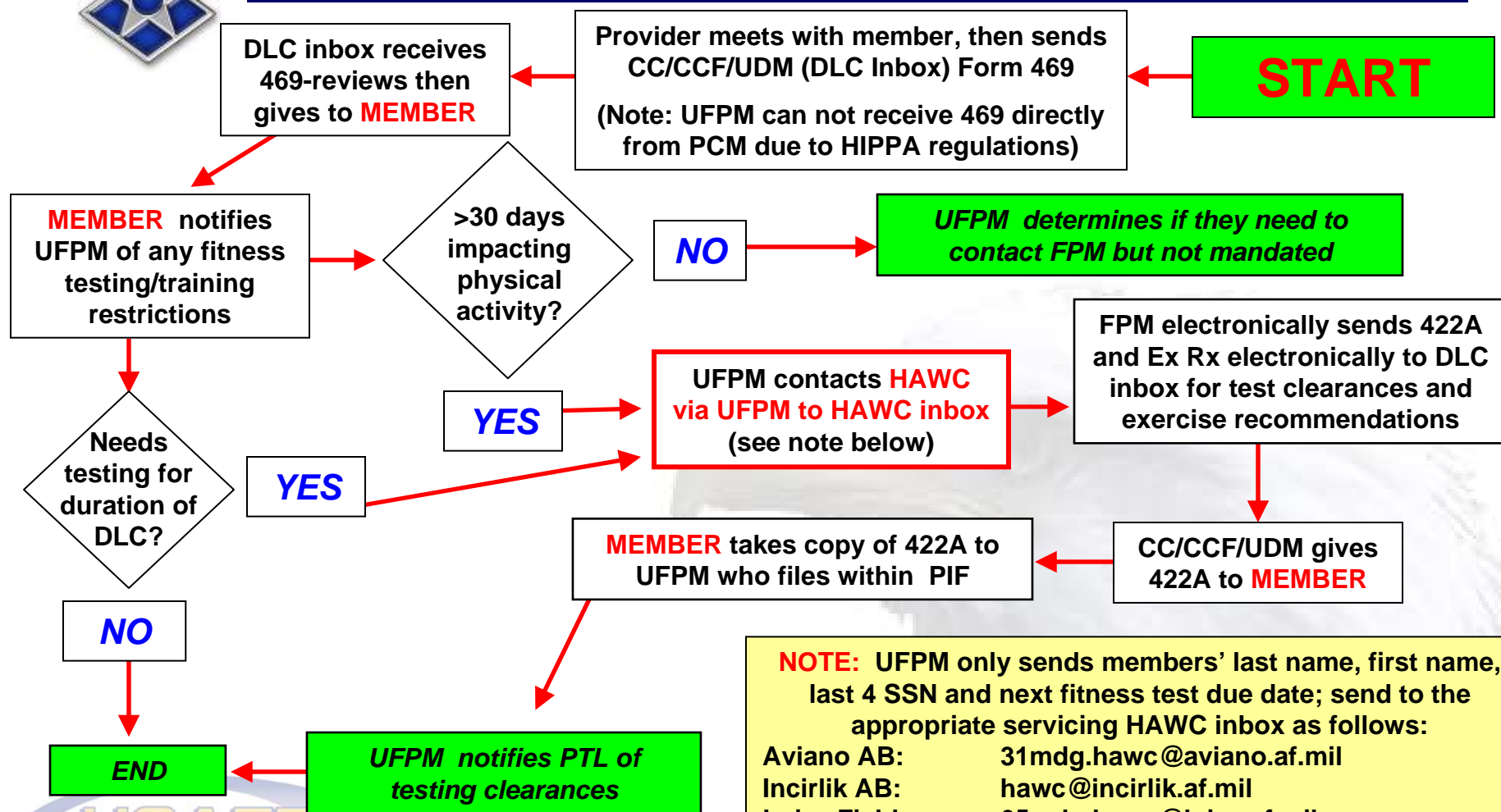




Duty Limiting Conditions and fitness restrictions



469 = Listing of Restrictions Written by PCM
422A = Lists of Clearances: Written by FPM

NOTE: UFPM only sends members' last name, first name, last 4 SSN and next fitness test due date; send to the appropriate servicing HAWC inbox as follows:

Aviano AB:	31mdg.hawc@aviano.af.mil
Incirlik AB:	hawc@incirlik.af.mil
Lajes Field:	65mdg.hawc@lajes.af.mil
RAF Lakenheath:	48amds.sgpz@lakenheath.af.mil
RAF Mildenhall:	48amds.sgpz-1@lakenheath.af.mil
Ramstein AB:	435amds.hawc@ramstein.af.mil
Spangdahlem AB:	52amds.sgpz@spangdahlem.af.mil